orleku ‘kf{kd ifjis{; es vkpk;l rylh
ds v.kqorks dh iklfxdrk
tS fo”o Hkkjrh lLFkku] ykMuyw
ds
f”k{kk vf/kLukrd ¼,e-,M-½ mikf/k dh
vkf”kd ifwZgsqiZrq

y?kq“kks/k & izcU/k

2013&14

funf”kdk
Mk- vkHkk flg
¼lgk;d ikQlj½
f”k{kk foHkkx

“kk/kd=h
jtuh ikVuh
,e-,M- ¼Nk=k½

f’k{kk foHkkx
tS fo’o Hkkjrh lLFkku]
ykMuyw & 341306 ¼jktLFkku½

?kk’k.kk i=

e jtuh ikVuh ,e-,M- Nk=k tu fo”o Hkkjrh lLFkku] ykMu ¼ukxkj½] ?kk’k.kk djrh g fd eu viuk y?k”kk/k icU/k ^^oreku “kf{kd ifji{; e vkpk; rylh d v.kork dh iklfxdrk** uked “kh’kd ij Mk- vkHkk flg] lgk;d vkpk;k] f”k{kk foHkkx tu fo”oHkkjrh lLFkku] ykMu d Lufgy fun”ku e i.k fd;k gA ;g dk; ejh ekfyd Ñfr gA

LFkku% ykMu
fnukd%

“kk/kd=h

jtuh ikVuh
,e-,M- ¼Nk=k½

Mk- vkHkk flg
¼lgk;d ikQlj½

f”k{kk foHkkx
tu fo”o Hkkjrh
lLFkku ykMu & 341306

iek.k & i=

iekf.kr fd;k tkrk g fd **jtuh ikVuh] ,e-,M- ¼Nk=k½ f”k{kk foHkkx] tu fo”o Hkkjrh lLFkku] ykMu** u f”k{kk vf/kLukrd mikf/k dh vkf”kd ifr gr y?k “kk/k icU/k ^^**oreku “kf{kd ifji{; e vkpk; rylh d v.kork dh iklfxdrk**** ej fun”ku o ekxn”ku e ijk fd;k gA ,o Kkr tkudkjh d vulkj fdlh vU; lLFkku e bl fo’k; ij y?k “kk/k icU/k d :i e “kk/k dk; iLrr ugh fd;k x;k gA

;g y?k “kk/k icU/k “kk/kd=h dk ekfyd dk; gku d lkFk lkFk ltu”khyrk dk ifj.kke gA e bl y?k “kk/k icU/k dk tu fo”o Hkkjrh lLFkku] ykMu e ijh{k.kkFk vxlfjr djrh g

“kk/k funf”kdk

Mk- vkHkk flg
¼lgk;d ikQlj½
f”k{kk foHkkx
tu fo”o Hkkjrh lLFkku
ykMu

LFkku% ykMu
fnukd%

vki tl fopkj djx] ol vki gk tk;x] vxj vki viu dk fucy ekux rk vki fucy cu tk,x] vkj ;fn tk vki viu vkidk leFk ekux rk vki leFk cu tk;xA

& Lokeh foodkuUn

ikDdFku

jktLFkku e tUe x.kkf/kifr vkpk; Jh rylh ,d egku fo"o x: d :Ik e tku tkr gA mudk bl fo"o x: rd igpku dk J; vkpk; Jh dkyx.kh dk tkrk gA

gkykfd vkpk; Jh rylh dk /kkfed fo"o x: ekuk tkrk g ijUr mUgku /ke d lkFk lkFk eu'; thou l lEcfU/kr yxHkx lHkh i{kk ij viu fopkj 0;Dr fd, gA f"k{kk Hkh eu'; thou dk egRoi.k i{k gA

vkpk; Jh rylh d "kf{kd fopkj oreku "kf{kd leL;kvk d lek/kku d :Ik e fcYdy lVhd cBr gA ifo= ikx.k tu fo"o Hkkjrh e tc e> "kk/k fo'k; puu dk lkHkkX; fn;k x;k rk cpiu l vkn"k in ij vkflr fd, vkpk; Jh rylh }kjk ifrikfnr v.kor dk pukA

iLrr "kk/k icU/k dk eu 5 v/;k;k l foHkDr fd;k g &

iFke v/;k; e eu vkpk; Jh rylh d f"k{kk e ;kxnku d l)kfUrd o ik;kfxd i{k dk mtkxj fd;k gA ble leL;k dk vkfpR;] leL;k l mHkju oky i"u] "kk/k mÌ"; ,o ifjlheu] "kk/k fof/k bR;kfn fcUnvk dk o.ku fd;k gA

f}rh; v/;k; e lEcfU/kr lkfgR; dk vFk] mÌ";] ykHk] lk/ku] L=kr rFkk lEcfU/kr lkfgR; d lo{k.k dk egRo ,o v/;;u dk fy;k gA

rrh; v?;k; e vkpk; Jh rylh d 0;fDrRo] ÑfrRo ,o mud }kjk ifrikfnr v.kor d vkxkt rFkk oreku f"k{kk e mikn;rk dk v/;;u fd;k gA

prFk v/;k; e v.kor ,o f"k{kk n"ku d ;Fkk lHko lHkh fcUnvk tl mud vulkj f"k{kk d mÌ";] fo|ky;] ikB;Øe] f"k{kd] f"k{kkFkh] f"k{k.k fof/k;k] vu"kklu] ufrd eY; dh f"k{kk l lEcfU/kr ,o mud }kjk inÿk i{kk/;ku o thou foKku dk leko"k fd;k g o bu lHkh i{kk dh oreku "kf{kd leL;kvk d lek/kku e D;k mikn;rk g bl Li'V dju dk i;kl fd;k gA

ipe v/;k; e milgkj gA iLrr "kk/k dk i.k lkjk"k] "kk/k d fu'd'kk] "kf{kd fufgrkFk ,o Hkkoh "kk/k gr l>ko dk lfEefyr fd;k x;k gA

vkpk; Jh rylh d egRoi.k 0;fDrRo vkj mud }kjk ifrikfnr v.kor cgr Hk0; vkj foLrr gA ;g v/;;u rk mud fopkj :ih lkxj dh dN cUn ek= gA

jtuh ikVuh
,e-,M- Nk=k

vkHkkj i'i

.kek vfjgrk.k
.kek fl)k.k
.kek vk;fj;k.k
.kek moT>k;k.k
.kek yk, l0o lkg.k
,lk ip .kekDdkj] l0o ikoli.kl.kkA
exyk.k p l0ofl] i<e gob exyAA

vFkkr vfjgrk dk ueLdkj gk
fl)k dk ueLdkj gk
vkpk;k dk ueLdkj gk
mik/;k;k dk ueLdkj gk
ykd d lo lk/kvk dk ueLdkj gkA
;g ueLdkj egke= lc ikik dk uk"k dju okyk rFkk
lc exyk e iFke exy gA

ijefirk ije"oj dk dkfV dkfV oUnu rFkk ekrk&firk o ifjokj tuk d ifr ureLrd gkrh gb] ÑrKrk Kkfir djrh g fd vki gh d vk"khokn ,o vUr"pruk l ;g "kk/k dk; vfr n:g gkr g, Hkh ljy gk x;k gA ;g "kk/k icU/k vki d gh vk"khokn dk ifrQy gA

Mk- vkHkk flg] "kk/k funf"kdk u bl y?k "kk/k dk; d fun"ku :ih x:rj Hkkj dk Hkh ljyrk l ogu dj] y?k "kk/k dk; dk y?k "kk/k icU/k d :i e lf/ktuk d lEe[k mifLFkr djku e vgfu"k lkFkd i;kl fd;kA ;g y?k "kk/k icU/k mUgh dh ij.kk] ekxn"ku ,o ukfoy ifjJe dk ifrQy g] tk mUgku ej lkFk ,d "kk/k funf"kdk d :lk e fd;kA e mud ifr gkfnd ÑrKrk Kkfir djr g, mud bl vukfoy Lug dh Ñik ik= ge"kk cuh jgu dk vk"khokn iklr djuk pkgrh gA

vc mu Kku euh'kh rFkk fofo/k fo/kkvk d fu'.kkr fir :i **foHkkx/;{k Mk- ch-,y- tu** d ifr lr"kk iek.k djrh g ftUgku iR;{k viR;{k :lk l bl y?k "kk/k dk ijk dju e lgk;rk inku dhA

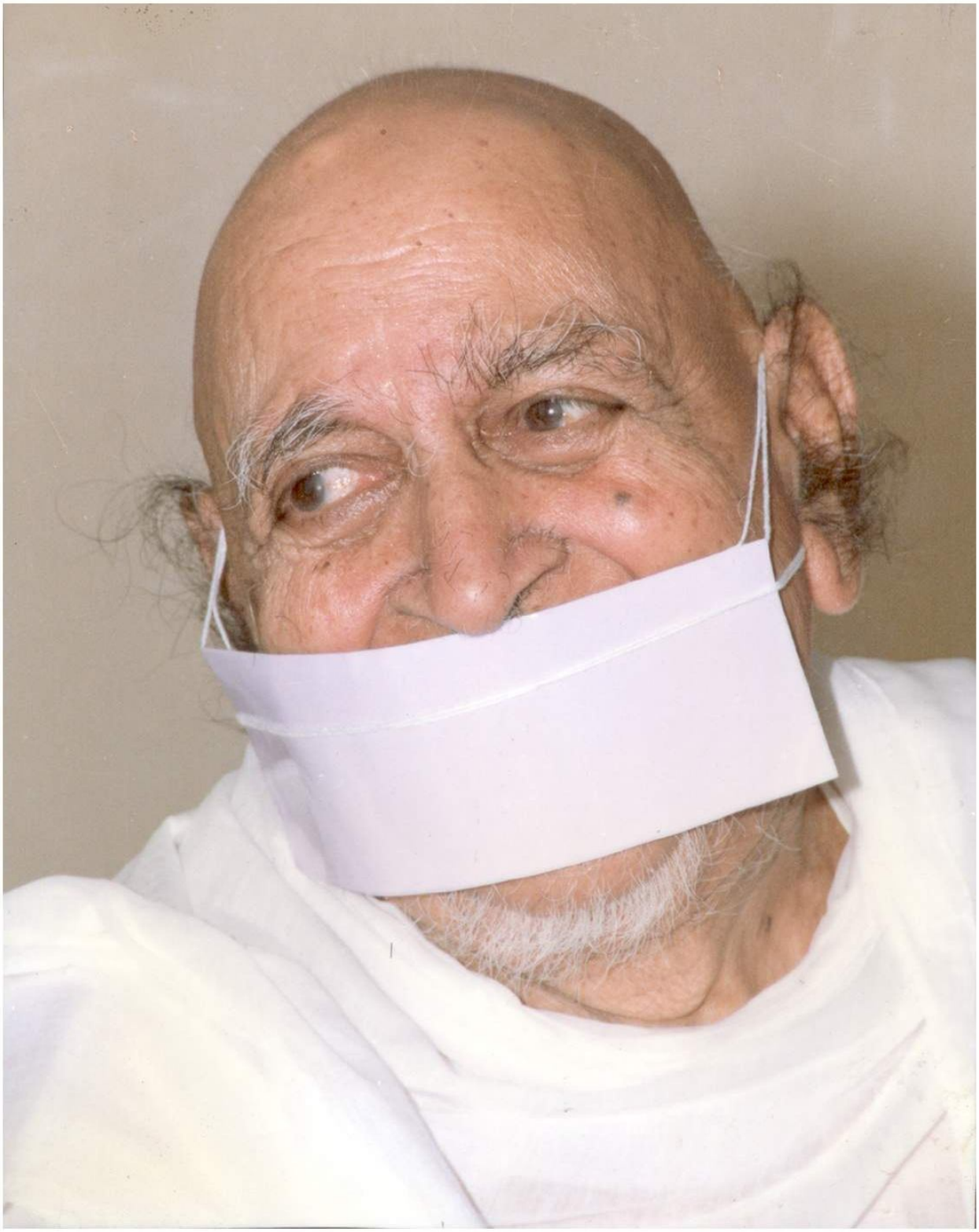
vUr e mu lHkh Kkr vKkr 0;fDr;k d ifr gkfnd ÑrKrk Kkfir djrh g] ftudk iR;{k viR;{k :Ik l lg;kx bl dk; dk lEi.krk inku dju e feyk gA ;g dk; x.hktuk dk gh Ñik ilkn g] ft le fufgr x.k mud rFkk nk'k ej g] yfdu lf/ktu e> vKkuh d nk'kk dk nf'Vxr u djr g, x.kk dk gh voykdu djxA bl exydkeuk d lkFkA

Å vge

fnukdk **"kk/kd=h**

jtuh ikVuh ¼,e-,M- Nk=k½
f"k{kk foHkkx
tu fo"o Hkkjrh lLFkku
ykMu & 341306

fo'k;kuØef.kdk

Ø-l-	fo'k; oLr		i'B l[;k
1	**iFke v/;k; & "kk/k ifjp;**		1&12
	1-1	iLrkouk	2
	1-2	leL;k dk vkfpR;	8
	1-3	leL;k dk dFku	11
	1-4	leL;k l mHkju oky i"u	11
	1-5	"kk/k d mí";	12
	1-6	"kk/k fof/k	12
	1-7	"kk/k ifjlheu	12
2	**f}rh; v/;k; & lEcfU/kr lkfgR; dk v/;;u o iujkoykdu**		13&31
	2-1	iLrkouk	14
	2-2	lEcfU/kr lkfgR; dk vFk	15
	2-3	lEcfU/kr lkfgR; d lo{k.k d dk;	16
	2-4	lEcfU/kr lkfgR; dh leh{kk dk vFk	16
	2-5	lEcfU/kr lkfgR; dh ifjHkk'kk	17
	2-6	lEcfU/kr lkfgR; dk egRo	18
	2-7	lEcfU/kr lkfgR; dk mí";	19
	2-8	lEcfU/kr lkfgR; dh vko";drk	20
	2-9	lEcfU/kr lkfgR; d ykHk	20
	2-10	lEcfU/kr lkfgR; lo{k.k dh lhek,	21
	2-11	lEcfU/kr lkfgR; d L=kr	21
	2-12	lEcfU/kr lkfgR; dk iufufj{k.k	22
	2-13	lEcfU/kr lkfgR; dk v/;;u o iujkoykdu	23

3	**rrh; v/;k; & vkpk; rylh dk thou ifjp; ,o 0;fDrRo**		32&49
	3-1	iLrkouk	33
	3-2	vkpk; rylh dk ckY;dky ,o f”k{kk	34
	3-3	vkpk; rylh dh nh{kk	35
	3-4	vkpk; dk inkjkg.k	35
	3-5	vkpk; rylh dk 0;fDrRo	36
	3-6	vkpk; rylh dh ie[k Nfr;k	39
	3-7	Lej.kh; frfFk;k	40
	3-8	v.kor dk vkxkt	41
	3-9	vkpk; rylh d vU; ifreku	45
	3-10	vkpk; rylh d fopkjk dh oreku lUnHk e f”k{kk d {k= e mikn;rk	47
4	**prFk v/;k; & v.kor dk “kf{kd ifji{; e v/;;u% oreku lnHk e**		50&70
	4-1	iLrkouk	51
	4-2	v.kor% mnHko vkj fodkl	53
	4-3	v.kor% iHkko vkj mikn;rk	56
	4-4	v.kor vkj vkpk; rylh	60
	4-5	v.kor vkj f”k{kk n”ku	61
	4-6	v.kor vkj ukjh f”k{kk	68
	4-7	v.kor% oreku “kf{kd ifji{;	69
5-	**ipe v/;k; & “kk/k fu’d’k**		71&85
	5-1	iLrkouk	72
	5-2	y?k “kk/k icU/k dk lkjk”k	74
	5-3	“kk/k dk “kf{kd fufgrkFk	76
	5-4	“kk/k fu’d’k	78
	5-5	“kk/k d mí”;k d vk/kkj ij fu’d’k	81
	5-6	“kk/k d “kf{kd fu’d’k	82
	5-7	Hkkoh “kk/k d l>ko	84
	5-8	milgkj	85
6	**lUnHk xUFk lph**		86&88